English Pronunciation Strategies and Techniques

English for Academic Purposes Workshop Series
# Graduate School Professional Development Activities Checklist

<table>
<thead>
<tr>
<th>Department and Discipline</th>
<th>Research</th>
<th>Teaching</th>
<th>Career</th>
<th>Ethics</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Early Stage</strong> (coursework: pre-doctoral)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Learn about programs and resources</td>
<td>- Explore resources for internal and external grants and fellowships</td>
<td>- Explore Kaneb Center programs and resources</td>
<td>- Explore Office of Research, Riley Center, and Center for Ethics and Culture</td>
<td></td>
</tr>
<tr>
<td>- Synch to the professional development calendar</td>
<td>- Sign up for COS and register professional profile</td>
<td>- Attend TA Orientation</td>
<td>- Complete a self-assessment</td>
<td></td>
</tr>
<tr>
<td>- Develop a strategic plan with your academic adviser</td>
<td>- Apply for grants and fellowships</td>
<td>- Begin working toward teaching certificates</td>
<td>- Build your campus network</td>
<td></td>
</tr>
<tr>
<td>- Meet with your subject librarian</td>
<td></td>
<td></td>
<td>- Build your CV</td>
<td></td>
</tr>
<tr>
<td><strong>Mid Stage</strong> (master’s research; candidacy exams)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Assess your strategic plan</td>
<td>- Participate in academic writing workshops</td>
<td>- Complete a mentored teaching experience</td>
<td>- Reflect on the ethical dimensions related to your research</td>
<td></td>
</tr>
<tr>
<td>- Meet departmental milestones</td>
<td>- Attend and present at conferences</td>
<td>- Take a summer teaching course</td>
<td>- Attend ethics and compliance lectures</td>
<td></td>
</tr>
<tr>
<td>- Develop a network within your department</td>
<td>- Apply for grants and fellowships</td>
<td>- Arrange for teaching observation/consultation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Pursue leadership and service options</td>
<td>- Volunteer as a journal reviewer</td>
<td>- Start building portfolio</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Join professional organizations and build your external network</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Late Stage</strong> (dissertation; job search)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Request references and identify job opportunities</td>
<td>- Form a dissertation reading/writing group</td>
<td>- Apply for advanced teaching certificate</td>
<td>- Participate in an ethics class</td>
<td></td>
</tr>
<tr>
<td>- Mentor junior students</td>
<td>- Build international and interdisciplinary network</td>
<td>- Pursue “Instructor of Record” opportunities</td>
<td>- Serve as a role model for junior graduate students on negotiating ethical issues in your research</td>
<td></td>
</tr>
<tr>
<td>- Meet all deadlines</td>
<td>- Publish your research</td>
<td>- Finalize portfolio</td>
<td>- Attend ethics and compliance lectures</td>
<td></td>
</tr>
<tr>
<td>- Write and practice your job talk</td>
<td>- Devise a 5-year research plan</td>
<td>- Develop teaching demonstration for academic interview</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Attend a dissertation defense</td>
<td>- Apply for dissertation fellowships</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Report placement to Graduate School</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

[graduateschool.nd.edu/professional_development]
Professional Development at Notre Dame

- Check out the list of upcoming workshops on the Graduate School’s website:
  - [www.nd.edu](http://www.nd.edu)
Introductions
GOAL

- The goal is not to eliminate your accent.
- The goal is to make yourself understood, especially by native English speakers.
Step 1: Self-Assessment

- Where do you need to improve?

- Two Ways to Self-Assess
  - Pay attention in daily conversation.
  - Record yourself and then listen.
Self-Monitoring in Conversations

- When you speak, pay attention to what words and sounds others have difficulty understanding.
- Keep a list.
- Look for patterns.
Self-Monitoring, cont.

- When you listen, what sounds do you have trouble hearing?
- Look for patterns.
- Remember that even if you have trouble hearing a sound or distinguishing between similar sounds, you need to pronounce those sounds correctly when you speak.
Focused Speaking Practice

- **Record Yourself**
  - Talk about academic topics as if you were talking to an expert.

- **Listen immediately and again 24 hours later**
  - What do you notice about your own speech?
  - Which sounds do you have difficulty hearing?
  - Where do you pause or hesitate?
  - What vocabulary are you using

- **Favor frequency vs. length**
  - You will improve more quickly if you record yourself 10 minutes per day than if you try to do 2 hours once a week
Step 2: Practice Isolated Sounds

- Build the muscles in your mouth.
  - Handout: Daily Muscle-Building

- Watch yourself speak in a mirror.

- Over-exaggerate mouth movements and sounds. Make sounds repeatedly or for a long duration.
Muscle-Building

- Rebecca Linquist Video (begin at 55 seconds)

- http://www.youtube.com/watch?v=z8Vlk1CZBbQ
Practice Isolated Sounds, cont.

- Learn how to make the sounds correctly
  - Listen to others
  - Watch others speak: jaw, lips, tongue
  - Find out what mouth position is necessary (especially when you have trouble hearing the sound)
  - Ask a native speaker if you are making the sound correctly
Remember…

- Don’t just learn sounds in isolation.
- Work the sound into words.
- Work the sound into sentences.
Video: The Basics

- Unit 1, Start with “Overview”
- 10 minutes
Activity: Make a Key Words List

- Handout: Building a KEY WORDS List
- Make at least 5 cards.
Voiced vs. Unvoiced Consonants

- Video: Voiced vs. Unvoiced Consonants (1 minute)
- Specific Consonants by Request
Step 3: Don’t give up!

- Improving your pronunciation takes time and consistent practice.
- Favor frequency over duration.
Step 4: See the results!

- Watch as your practice of isolated sounds improves your pronunciation in everyday speaking.
Resources

- Rachel’s English
  - https://www.rachelsenglish.com/

- Pronunciation Power
  - Software on CSLC computer
Resources

- Today’s Handouts are from: *Pronunciation for Success* by Colleen Meyers and Sheryl Holt
- *Targeting Pronunciation* by Sue Miller
One-on-one Tutoring

- Make an appointment with an EAP fellow
  - Tuesday 3:00-6:00
  - Wednesday 2:00-5:00
  - Thursday 9:00-12:00
  - Friday 9:00-12:00
Pronunciation Class

- Pronunciation Strategies and Techniques for English Language Learners
- AL 73003 - Section 01: Pronunciation Strategies and Techniques for ELL (CRN 15883)
- Search under: Arts and Letters, Non-department
- Professor: Stew Markel
Upcoming EAP Workshops

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, Apr. 16</td>
<td><strong>Talking with Others About Your Research</strong></td>
</tr>
<tr>
<td></td>
<td>Co-sponsored with the Graduate School Fellowship Office</td>
</tr>
<tr>
<td>Wednesday, Apr. 24</td>
<td><strong>Cover Letters for Academic Jobs</strong></td>
</tr>
<tr>
<td></td>
<td>Co-sponsored with the Career Center</td>
</tr>
</tbody>
</table>